

Reflective on foot

## Around the Lake in Eastman: As Zen as It Gets!

Make your way around one of the MRC de Memphrémagog's smaller lakes. No need to travel very far. With its new amenities, the municipality of Eastman offers to pedestrians a great route along the shores of Silver Lake (lac d'Argent).

**Difficulty**

Easy

**Distance**

6.4 km

**Duration**

1 h 26

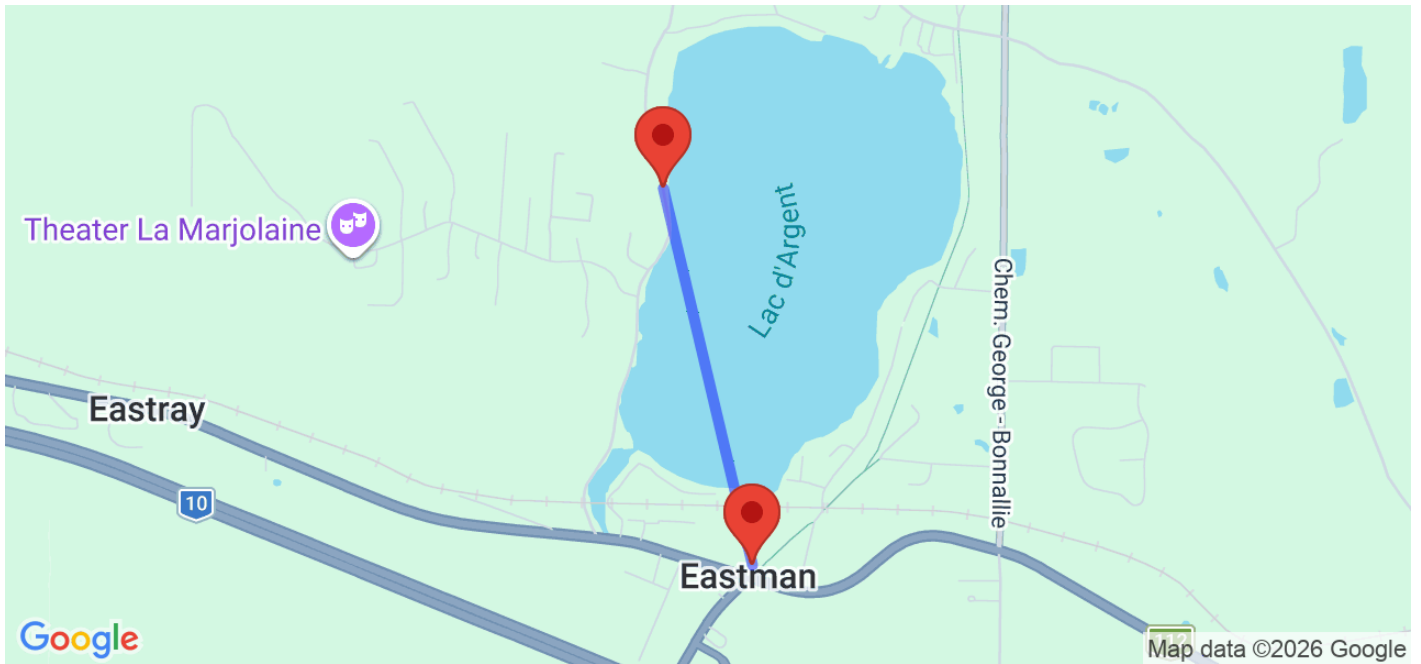
### Starting location

Town hall in Eastman

[160 George-Bonnallie Road](#)

**Price**

Free



\*Please note that this is not an accurate itinerary. For navigation purposes please refer to Google Maps or the [preview map on the website](#).

## Itinerary

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Reflective

### Lac-d'Argent Road

Lac-d'Argent Road, which connects Route 112 with Des Diligences Road in Eastman, was completely refurbished in 2023. Residents and visitors alike can now easily travel the west side of Silver Lake (lac d'Argent) on foot, by bike or by car. A sidewalk has been built for pedestrians, while cyclists and motorists share a paved roadway with a 30 km/h speed limit. The route provides wonderful views of Silver Lake and Mount Orford.

**Duration**  
5 min

**Dogs**  
No dogs allowed

#### Address

[Lac-d'Argent Road, Eastman](#)

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## Cycling

## Louise Portal Trail

Following the shoreline of Silver Lake (lac d'Argent), the Louise Portal Trail runs from the heart of Eastman to Des Diligences Road. Two kilometres in length, the multi-use path is shared by walkers, runners and cyclists. Dogs must be kept on leash.

Built on an old railbed, the trail is named for renowned actor, singer, speaker and author Louise Portal. Many credit her with putting Eastman on the map. In 2002, she co-founded the Correspondances d'Eastman literary festival.

The Louise Portal Trail also connects with La Montagnarde, a gravel route providing access to Parc national du Mont-Orford.

[See on RideWithGPS application](#)

Difficulty	Distance	Duration	Elevation	Dogs
Easy	2 km	5 min	9 m	No dogs allowed

### Starting location

[407 Principale Street, Eastman](#)

### Price

Free

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