

## Reflective on foot

## À Travers Champs et Collines

À travers champs et collines, la route révèle des panoramas enchâssés dans la sérénité de la nature. Les champs verdoyants ondulent sous la brise, tandis que les collines s'élèvent majestueusement. Chaque pas dévoile des paysages nouveaux, offrant une évasion paisible et une communion avec la beauté naturelle.

On débute cette boucle de longue marche, inspirée du Circuit de l'Abbaye, à la place Manson, dans le coeur villageois de Mansonville. On prend:

- la route 243
- gauche sur le chemin de l'Aéroport
- droite sur le chemin Bellevue
- gauche sur le chemin Province Hill
- gauche sur le chemin de Leadville
- droite sur le chemin Bellevue
- gauche sur la rue de Vale Perkins jusqu'à la route 243 au centre du village

**Difficulty**

Advanced

**Distance**

20 km

### Starting location

Stationnement municipal de Mansonville - Place Manson  
298 Rue Principale #294, Mansonville, Quebec JOE 1X0



\*Please note that this is not an accurate itinerary. For navigation purposes please refer to Google Maps or the [preview map on the website](#).

## Itinerary

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### Reflective

## At the foot of the Missisquoi River

You are here on ancestral Abenaki - or W8banaki - land. The toponym *Rivière Missisquoi* was officialised in 1968. For thousands of years, the river provided native populations with a means to travel between lakes Champlain and Memphremagog to practice their hunting and gathering activities.

Some 144.5 km long, the river originates in Lake Champlain. Its first 35 km are entirely in the U.S. Then, after a sharp turn nicknamed "Fiddler's Elbow", it crosses the border into Quebec for some 24 kilometres.

Today, locals and tourists appreciate the river's sedate flow and enjoy a variety of aquatic sports such as kayaking, canoeing and stand-up paddleboarding. Station O'Kataventures in Mansonville offers water equipment rentals and a variety of excursions on the North Missisquoi River.

Stop and enjoy the river's quiet and take a health break on its shores. Are you not tempted to dip your sore feet in its cool waters?

#### Duration

10 min

#### Address

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## Reflective

## Majestic Jay Peak

Have you noticed, since the beginning of your journey, that our mountain peaks are rounded, unlike those of the Alps, for example? This was caused by the erosion left by receding glaciers, some ten thousand years ago.

Imposing Jay Peak, that you see beyond the American border, provides a good example. It is one of the highest summits in New England.

At 1,176-metres high, Jay Peak is renowned for its vast ski area. It receives more snow than any other ski hill in eastern North America, with an average annual snowfall of 9 meters! While located in Vermont, Jay Peak beautifully complements the Eastern Townships' snow sports offer.

**Duration**

5 min

**Address**

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## Pont de la Frontière Covered Bridge

The *pont de la Frontière* is a registered historic monument built in 1896. Of simple "Town" design, the single-span bridge is 31.04 metres long and 4.95 metres wide.

The structure is comprised of diagonally set planks forming a large lattice between the simple upper chords and the lower double chords of the bridge. The framework is protected, up to mid-height, by a sheathing of vertical planks and is covered by a tin gable roof. The *Pont de la Frontière* spans Mud Creek in the countryside of Potton Township.

**Duration**

5 min

**Address**

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## Reflective

## A Green Countryside

Through fields and hills, the road unfolds panoramas embedded in the serenity of nature. Green meadows wave in the breeze against a background of majestic hills. Each step reveals new landscapes, offering a peaceful escape and a communion with the beauty of nature.

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