Cycling

La frontalière (long loop)

Pedal your way across 87 km of challenging terrain between Ayer's Cliff, Quebec, and Newport, Vermont. Full of pleasant surprises, the route follows one of the few dedicated bicycle paths along the shores of Lake Memphremagog. By exploring both the Tomifobia Nature Trail, with its vibrant ecosystems and rich diversity of plant species, and connecting trails in Vermont, you can admire Lake Memphremagog from both sides of the border. Be sure to keep your passport handy!

See on RideWithGPS application

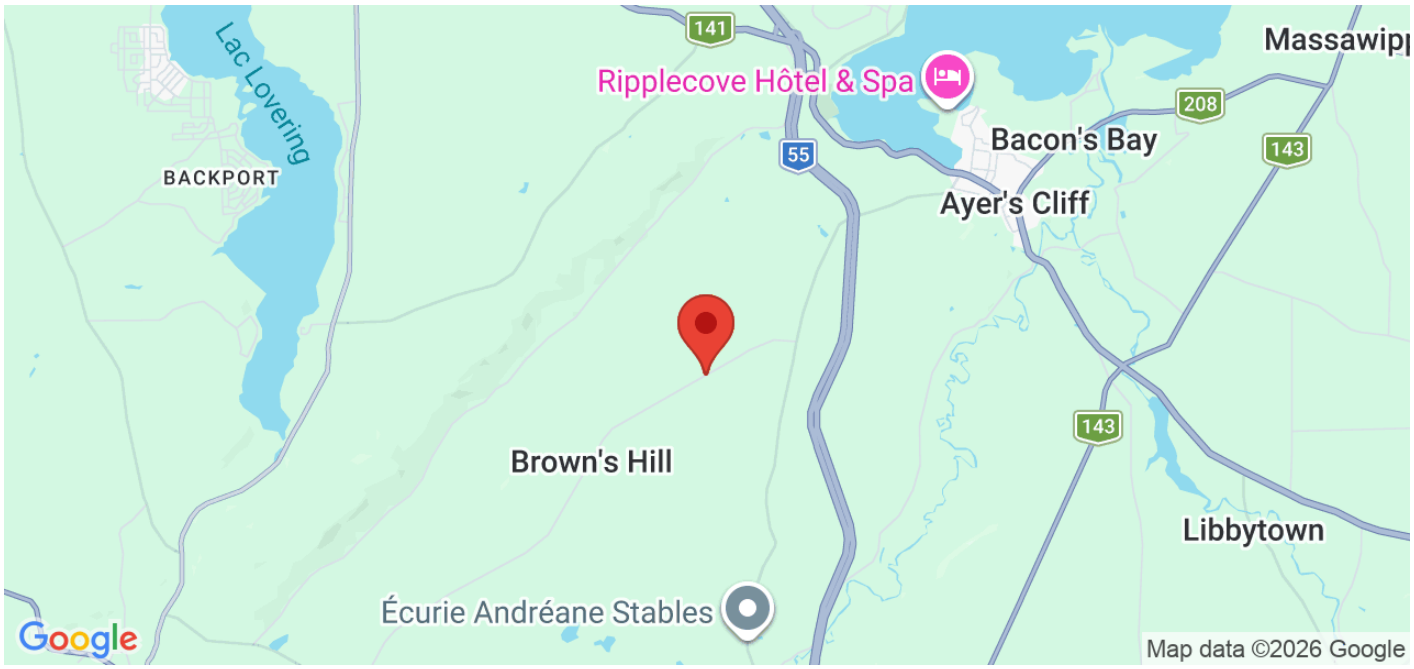
Difficulty	Distance	Elevation	Dogs
Intermediate	87 km	594 m	No dogs allowed

Starting location

Brown's Hill Parking Lot
Between 155 and 165, Brown's Hill Road

Price

Free



Services

- Rest area
- Water refill station
- Tourist information centre
- Bicycle repair station
- Parking
- Restrooms