

Walking/Hiking

Circuit de l'Abbaye

The Circuit de l'Abbaye is a long-distance walking route. It consists of a 149 km loop starting at the iconic Abbey of Saint-Benoît-du-Lac. As you make your way over hills and through valleys, you'll receive a warm welcome in each of the seven municipalities that dot the route. With its breathtaking scenery and historic sites, this often spiritual journey will leave you feeling refreshed and invigorated. Unforgettable moments await, whether you opt for the full eight- to 10-day itinerary or a shorter excursion. Start your trek anytime from May to November.

Eight to 10 days, with options for five-day half routes and single-day excursions.

Difficulty

Intermediate

Distance

149 km

Starting location

Abbey of Saint-Benoît-du-Lac
[1 Principale Street, Saint-Benoît-du-Lac](#)

Price

Registration - \$65.00

**Contact**

- info@circuitdelabbaye.com
- [Website](#)