Reflective

Along the Shoreline

The La Montagnarde walking and cycling trail follows the Magog River, offering a peaceful journey alongside this beautiful waterway, which welcomes a variety of birdlife with the arrival of warmer days, including mallards, Canada geese and common loons.

In spring, it is especially rewarding to pause and take in the soothing view while breathing in the scent of warming, rain-soaked earth. As the ground gradually dries and warms, it releases the distinctive aroma of geosmin, reminiscent of rich soil after a rainfall. Fallen leaves, tree bark, moss and pine needles blend together to create an intoxicating spring fragrance that rises from the forest floor, grounding the spirit and inviting quiet contemplation.

The moisture carried by the river and spring rains deepens these earthy, herbaceous scents, gently announcing nature's return in all its splendour. Little by little, tree buds emerge and give way to a lush, vibrant canopy that accompanies visitors along the trail. The white pines growing nearby release a resinous, woody conifer fragrance that becomes fresh, aromatic and invigorating in summer, when the sun reaches its highest point and warms the trees.

It is a fragrant trail that rewards those who take the time to notice.

Dogs
Dogs allowed

Address

Route Verte 1 - La Montagnarde


10
141
112
55
112
VENISE
216
Île du Marais
SOUTHIÈRE-SUR-LE-LAC
Magog
141
108
108
Sainte-Catherine-de-Hatle
Katevale
247
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Turnertown
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